

Word Study: "Meditate" & "Meditation"

Introduction:

One of the best ways to go about this is to answer the **5Ws** and the **IH** as you examine each of the texts (*The skills of Inductive Bible Study are transferable to other areas and types of studies*).

- What is meditation?
- What to meditate upon?
- When to meditate?
- Where to meditate?
- Why meditate?
- Who meditates?
- How to meditate?

<i>Strong's Exhaustive Concordance</i>	<i>Notes</i>
<p>meditate See also PREMEDITATE.</p> <p>Ge 24: 63 went out to <i>m'</i> in the field at the 7878</p> <p>Jos 1: 8 shalt <i>m'</i> therein day and night, 1897</p> <p>Ps 1: 2 his law doth he <i>m'</i> day and night. "</p> <p>63: 6 <i>m'</i> on thee in the night watches. "</p> <p>77: 12 I will <i>m'</i> also of all thy work, and "</p> <p>119: 15 I will <i>m'</i> in thy precepts, and have 7878</p> <p>23 thy servant did <i>m'</i> in thy statutes. "</p> <p>48 loved; and I will <i>m'</i> in thy statutes. "</p> <p>78 cause: but I will <i>m'</i> in thy precepts. "</p> <p>148 that I might <i>m'</i> in thy word. "</p> <p>148: 5 I <i>m'</i> on all thy works; I muse on 1897</p> <p>Isa 33: 18 Thine heart shall <i>m'</i> terror. Where*"</p> <p>Lu 21: 14 not to <i>m'</i> before what ye shall 4804</p> <p>1Ti 4: 15 <i>M'</i> upon these things; give thyself*3191</p> <p>meditation</p> <p>Ps 5: 1 words, O Lord, consider my <i>m'</i>. 1901</p> <p>19: 14 the <i>m'</i> of my heart, be acceptable 1902</p> <p>49: 3 <i>m'</i> of my heart...be understanding.1900</p> <p>104: 34 My <i>m'</i> of him shall be sweet: I will7879</p> <p>119: 97 I thy law! it is my <i>m'</i> all the day. 7881</p> <p>99 for thy testimonies are my <i>m'</i>. "</p>	

Young's Analytical Concordance	Notes
<p>MEDITATE, (upon), to —</p> <p style="text-align: right;">Strong's Numbers</p> <p>1. <i>To meditate, mutter</i>, חָגַהּ <i>hagah</i>. 1897 Josh. 1. 8 thou shalt meditate therein day and night Psa. 1. 2 in his law doth he meditate day and 63. 6 meditate on thee in the (night) watches 77. 12 I will meditate also of all thy work, and 143. 5 I meditate on all thy works; I muse on Isa. 33. 18 Thine heart shall meditate terror. Where</p> <p>2. <i>To bow down, muse, meditate</i> חָשַׁב, חָשַׁב <i>siach, suach</i>. 7878 Gen. 24. 63 Isaac went out to meditate in the field at Psa. 119. 15 I will meditate in thy precepts, and have 119. 23 thy servant did meditate in thy statutes 119. 48 and I will meditate in thy statutes 119. 78 (but) I will meditate in thy precepts 119. 148 watches, that I might meditate in thy w.</p> <p>3. <i>To be careful, take care</i>, μελετάω <i>meletaō</i>. 3191 1 Ti. 4. 15 Meditate upon these things; give thyself</p> <p>MEDITATE before, to —</p> <p><i>To take care beforehand</i>, προμελετάω <i>promeletaō</i>. 4304 Luke 21. 14 to meditate before what ye shall answer</p> <p>MEDITATION —</p> <p>1. <i>Meditation</i>, חַגְוֹת <i>haguth</i>. 1900 Psa. 49. 3 the meditation of my heart (shall be) of</p> <p>2. <i>Earnest meditation</i>, חַגְוִיג <i>hagig</i>. 1901 Psa. 5. 1 Give ear . . O LORD; consider my medita.</p> <p>3. <i>Meditation</i>, חִגְוֵיג <i>higgayon</i>. 1902 Psa. 19. 14 Let . . the meditation of my heart, be ac.</p> <p>4. <i>Meditation</i>, חָשַׁב <i>siach</i>. 7879 Psa. 104. 34 My meditation of him shall be sweet : I</p> <p>5. <i>A bowing down, musing</i>, חָשַׁח <i>sichah</i>. 7881 Psa. 119. 97 thy law ! it (is) my meditation all the day 119. 99 for thy testimonies (are) my meditation</p>	

<i>KJV</i>	<i>NASB</i>	<i>NIV</i>	<i>Notes</i>
<p>Ge 24:63 And Isaac went out to <u>meditate</u> in the field at the eventide: and he lifted up his eyes, and saw, and, behold, the camels <i>were</i> coming.</p> <p>os 1:8 This book of the law shall not depart out of thy mouth; but thou shalt <u>meditate</u> therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.</p> <p>Ps 1:2 But his delight <i>is</i> in the law of the LORD; and in his law doth he <u>meditate</u> day and night.</p> <p>Ps 5:1 <<To the chief Musician upon Nehiloth, A Psalm of David.>> Give ear to my words, O LORD, consider my <u>meditation</u>.</p> <p>Ps 19:14 Let the words of my mouth, and the <u>meditation</u> of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.</p>	<p>Ge 24:63 Isaac went out to <u>meditate</u> in the field toward evening; and he lifted up his eyes and looked, and behold, camels were coming.</p> <p>Jos 1:8 "This book of the law shall not depart from your mouth, but you shall <u>meditate</u> on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success.</p> <p>Job 15:4 "Indeed, you do away with reverence And hinder <u>meditation</u> before God. (7881)</p> <p>Ps 1:2 But his delight is in the law of the LORD, And in His law he <u>meditates</u> day and night.</p> <p>Ps 4:4 Tremble, and do not sin; <u>Meditate</u> in your heart upon your bed, and be still. Selah. (0559)</p> <p>Ps 19:14 Let the words of my mouth and the <u>meditation</u> of my heart Be acceptable in Your sight, O LORD, my rock and my Redeemer.</p>	<p>Ge 24:63 He went out to the field one evening to <u>meditate</u>, and as he looked up, he saw camels approaching.</p> <p>Jos 1:8 Do not let this Book of the Law depart from your mouth; <u>meditate</u> on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.</p> <p>Ps 1:2 But his delight is in the law of the LORD, and on his law he <u>meditates</u> day and night.</p> <p>Ps 19:14 May the words of my mouth and the <u>meditation</u> of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer.</p>	<p>0559 728 'amar aw-mar' a primitive root; TWOT-118; v AV-said 4874, speak 179, answer 99, command 30, tell 29, call 7, promised 6, misc. 84; 5308</p>

<i>KJV</i>	<i>NASB</i>	<i>NIV</i>	<i>Notes</i>
<p>Ps 49:3 My mouth shall speak of wisdom; and the <u>meditation</u> of my heart <i>shall be</i> of understanding.</p> <p>Ps 63:6 When I remember thee upon my bed, <i>and</i> <u>meditate</u> on thee in the <i>night</i> watches.</p> <p>Ps 77:12 I will <u>meditate</u> also of all thy work, and talk of thy doings.</p> <p>Ps 104:34 My <u>meditation</u> of him shall be sweet: I will be glad in the LORD.</p> <p>Ps 119:15 I will <u>meditate</u> in thy precepts, and have respect unto thy ways.</p>	<p>Ps 27:4 One thing I have asked from the LORD, that I shall seek: That I may dwell in the house of the LORD all the days of my life, To behold the beauty of the LORD And to <u>meditate</u> in His temple. (1239)</p> <p>Ps 49:3 My mouth will speak wisdom, And the <u>meditation</u> of my heart <i>will be</i> understanding.</p> <p>Ps 63:6 When I remember You on my bed, I <u>meditate</u> on You in the night watches,</p> <p>Ps 77:6 I will remember my song in the night; I will <u>meditate</u> with my heart, And my spirit ponders: (7878)</p> <p>Ps 77:12 I will <u>meditate</u> on all Your work And muse on Your deeds.</p> <p>Ps 104:34 Let my <u>meditation</u> be pleasing to Him; As for me, I shall be glad in the LORD.</p> <p>Ps 119:15 I will <u>meditate</u> on Your precepts And regard Your ways.</p>	<p>Ps 39:3 My heart grew hot within me, and as I <u>meditated</u>, the fire burned; then I spoke with my tongue: (1901)</p> <p>Ps 48:9 Within your temple, O God, we <u>meditate</u> on your unfailing love. (1819)</p> <p>Ps 77:12 I will <u>meditate</u> on all your works and consider all your mighty deeds.</p> <p>Ps 104:34 May my <u>meditation</u> be pleasing to him, as I rejoice in the LORD.</p> <p>Ps 119:15 I <u>meditate</u> on your precepts and consider your ways.</p>	<p>01239 בָּקַר baqar baw-kar a primitive root; TWOT-274; v AV-enquire 3, seek 3, search 1; 7 1) to seek, enquire, consider 1a) (Piel) 1a1) to seek, look for 1a2) to consider, reflect</p> <p>01819 דָּמָה damah daw-maw' a primitive root; TWOT-437; v AV-like 14, liken 5, thought 6, compared 1, devised 1, meaneth 1, similitudes 1; 29 1) to be like, resemble 1a) (Qal) to be like, resemble 1b) (Piel) 1b1) to liken, compare 1b2) to imagine, think 1c) (Hithpael) to make oneself like 1d) (Niphal)</p>

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<p>Ps 119:23 Princes also did sit <i>and</i> speak against me: <i>but</i> thy servant did <u>meditate</u> in thy statutes.</p>	<p>Ps 119:23 Even though princes sit <i>and</i> talk against me, Your servant <u>meditates</u> on Your statutes.</p> <p>Ps 119:27 Make me understand the way of Your precepts, So I will <u>meditate</u> on Your wonders. (7878)</p>	<p>Ps 119:23 Though rulers sit together and slander me, your servant will <u>meditate</u> on your decrees.</p> <p>Ps 119:27 Let me understand the teaching of your precepts; then I will <u>meditate</u> on your wonders.</p>	
<p>Ps 119:48 My hands also will I lift up unto thy commandments, which I have loved; and I will <u>meditate</u> in thy statutes.</p>	<p>Ps 119:48 And I shall lift up my hands to Your commandments, Which I love; And I will <u>meditate</u> on Your statutes.</p>	<p>Ps 119:48 I lift up my hands to your commands, which I love, and I <u>meditate</u> on your decrees.</p>	
<p>Ps 119:78 Let the proud be ashamed; for they dealt perversely with me without a cause: <i>but</i> I will <u>meditate</u> in thy precepts.</p>	<p>Ps 119:78 May the arrogant be ashamed, for they subvert me with a lie; <i>But</i> I shall <u>meditate</u> on Your precepts.</p>	<p>Ps 119:78 May the arrogant be put to shame for wronging me without cause; but I will <u>meditate</u> on your precepts.</p>	
<p>Ps 119:97 MEM. O how love I thy law! it <i>is</i> my <u>meditation</u> all the day.</p>	<p>Ps 119:97 Mem. O how I love Your law! It is my <u>meditation</u> all the day.</p>	<p>Ps 119:97 Oh, how I love your law! I <u>meditate</u> on it all day long.</p>	
<p>Ps 119:99 I have more understanding than all my teachers: for thy testimonies <i>are</i> my <u>meditation</u>.</p>	<p>Ps 119:99 I have more insight than all my teachers, For Your testimonies are my <u>meditation</u>.</p>	<p>Ps 119:99 I have more insight than all my teachers, for I <u>meditate</u> on your statutes.</p>	
<p>Ps 119:148 Mine eyes prevent the <i>night</i> watches, that I might <u>meditate</u> in thy word.</p>	<p>Ps 119:148 My eyes anticipate the night watches, That I may <u>meditate</u> on Your word.</p>	<p>Ps 119:148 My eyes stay open through the watches of the night, that I may <u>meditate</u> on your promises.</p>	
<p>Ps 143:5 I remember the days of old; I <u>meditate</u> on all thy works; I muse on the work of thy hands.</p>	<p>Ps 143:5 I remember the days of old; I <u>meditate</u> on all Your doings; I muse on the work of Your hands.</p> <p>Ps 145:5 On the glorious splendor of Your majesty And on Your wonderful works, I will <u>meditate</u>. (7878)</p>	<p>Ps 143:5 I remember the days of long ago; I <u>meditate</u> on all your works and consider what your hands have done.</p> <p>Ps 145:5 They will speak of the glorious splendor of your majesty, and I will <u>meditate</u> on your wonderful works.</p>	

<i>KJV</i>	<i>NASB</i>	<i>NIV</i>	<i>Notes</i>
<p>Isa 33:18 Thine heart shall <u>meditate</u> terror. Where <i>is</i> the scribe? where <i>is</i> the receiver? where <i>is</i> he that counted the towers?</p> <p>Lu 21:14 Settle <i>it</i> therefore in your hearts, not to <u>meditate</u> before what ye shall answer:</p> <p>1Ti 4:15 <u>Meditate</u> upon these things; give thyself wholly to them; that thy profiting may appear to all.</p>	<p>Isa 33:18 Your heart will <u>meditate</u> on terror: "Where is he who counts? Where is he who weighs? Where is he who counts the towers?"</p>		<p>4304 προμελεταω <i>promeletao</i> <i>prom-el-et-ah'-o</i> <i>from 4253 and 3191; ; v</i> <i>AV-meditate before 1; 1</i> <i>- Only 1 time in GNT.</i></p> <p>3191 μελεταω <i>meletao</i> <i>mel-et-ah'-o</i> <i>3 times in the GNT: Mk 13:11;</i> <i>Acts 4:25; 1Tim 4:15</i></p>

Summary:

Remember the *Three Steps of Inductive Bible Study: Observation, Interpretation & Application:*

- What is meditation?
- What to meditate upon?
- When to meditate?
- Where to meditate?
- Why meditate?
- Who meditate?
- How to meditate?
- How do I apply what I have learnt to my life?
- How may I share what I have learnt with others?